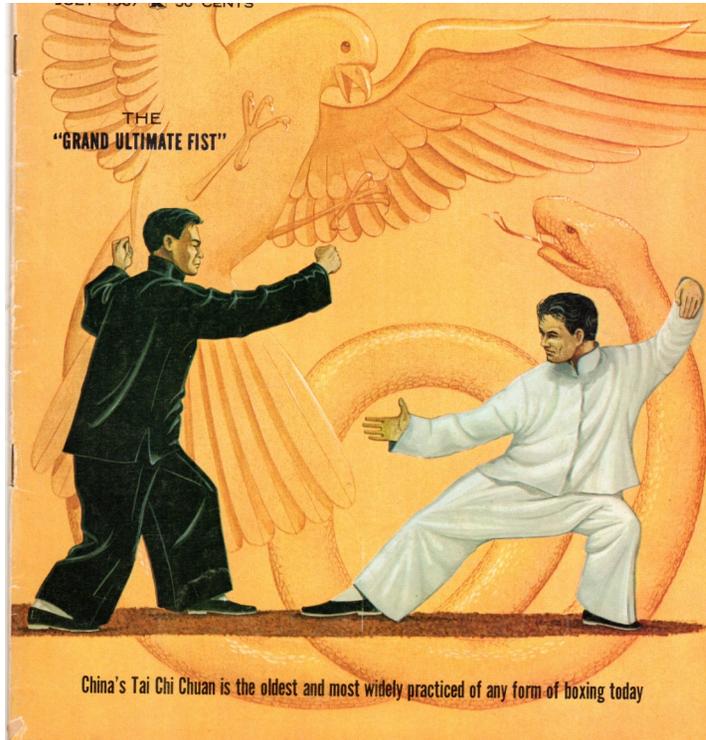




# Spring 2012

*Xin Qi Shen Dojo*  
8316 - 8th Ave NW  
Seattle WA 98107  
[dojo@wuji.com](mailto:dojo@wuji.com)



## Certification Clarification

As you've gotten dojo form completion certificates you'll notice that there are various 'level's designated. Here is an explanation:

Basic: you just learned the complete form

Intermediate: moving through the form easily or second time through.

Advanced: fluidly moving through the form, easily.

Instructor: understanding the applications of the form  
Master: a clear grasp of the form, applications, and various functions.

Sifu: able to free flow with the form and it's applications spontaneously.

A big congratulations to the following for studying diligently and completing the various forms and styles. The complexity of some of these forms are very difficult, especially the Bagua Sanshou.

### Bagua Sanshou

Bill Ross  
Don Scott  
Tom Flener  
Bruce Brown  
Debbie Doyle  
Edmund Ng  
Ruth Pattison  
Adam Gehrke

### Foot Trapping/ Lion Plays with Ball

Chin Na/  
Interlocking Rings  
Taiji Dalu  
Don Scott  
Tom Flener  
Debbie Doyle  
Ruth Pattison  
Bruce Brown  
Edmund Ng

### Yang Taiji Short Form

Hitomi Kuefler

### Basic Bagua teaching certification

Ed Baxa

### Chen Taiji Paochui

Tom Flener  
Don Scott  
Russ Fish  
Debbie Doyle  
David Miller  
David Anderson  
Ruth Pattison  
Joel Hartshorne

### Bagua 8 Wang Xujin Changes

Jim Harmon  
Peter Hranek  
Don Scott  
Ed Baxa  
Clay Germano

## POSTURE & STRUCTURE WORKHOP

June 19th, 1:30-3:30, \$45

All levels welcome

Congratulations!

## THE DOJO

Over the last year the dojo enrollment as slowly slipped though private lessons are holding steady. Some steady members are moving and not much new blood. As I look at the various classes to see what's popular, it's soon time to make some changes.

The dojo/club set up doesn't seem to attract students since most people what to take a course that has a beginning and end date. Also, 2 hour classes seem too daunting for new members. I'm slow but starting to adapt, I'm working on it.

What to look forward to:

**Mondays 6:30-7:30 July & August:** Wu Taiji Quan (section #1) - I've had requests for this.

### September Changes:

Saturdays: 9-10 Sanshou / 10-11 Omei Qi Gong / 11-12 Sun Taiji Quan

Mondays: 4:30-6:00 Yang Taiji Quan / 6:00-7:00 ?

Tuesdays: 6:30-7:50 Yang Taiji Quan / 8:00-9:00 Beginning Bagua

Thursdays: 6:30-7:50 Bagua training / 8:00-9:00 Beginning Chen Taiji



**Bandon 2012  
August 3,4,5th**

**Instructors include: Andy, Joel, Gene, Roger Coutier, Bob Iden  
And more!**

## 2011/2012 The Loss of Real Masters ☹

Last year and this year we've lost some exceptional masters of the martial arts. I do want to emphasize the word: *MASTERS*. Four I had the privilege to train with, the others I only knew through reputation, students, and friends.

Grandmasters (and I don't use the term lightly) Koichi Tohei (10dan Aikido, founder of Shin Shin Toitsu Aikido), Wally Jay (founder of small circle jujitsu), Sid Woodcock (master of Aikijitsu, knife, firearms, and explosives), and Robert Smith (responsible for the western world in discovering the internal arts and various great masters and teachings), Fook Yueng (Yang Jiou Fu: Monkey King, master of Tian Shan Qi Gong, and several kung fu styles), and Feng Zhiqiang, (the last student alive of Chen Village master Chen Fake).

These masters were not martial artists but artists! They took their learning and training and moved it to the next level. Each transformed the art into who they were and, along with their creativity and wisdom, created either a new art or took their art to the next level.

This is real/true art!  
GROWTH, CREATION, EVOLVING  
Triangle, Circle, Square  
Fixed, Fluid, Change

All learned the basics, respected the basic training and then went to the next step. Harris Sensei was among this group and studied with several of the above.

We must learn the basics! We must follow the rules and the core in order to improve the arts. These masters did. Then, their own intelligence and creativity moved it a level beyond. ART IS CREATIVE, MOVING FORWARD, EXPLORATORY.

We all have to deal with daily stuff. The one thought that has been bugging me is that if certain mundane things didn't matter, what would things really look like? If the artists (all aspects\*\*\*) and the creative geniuses were open to peruse their inclinations what would the world look like? There are people out there with exceptional abilities in every field that are distracted by survival (aka. just making a living). What creativity are we missing out on, not just in art but all fields? Just a thought.

Anyhow, the passing of these masters is the passing of a generation of real martial artists. They had to walk the talk. Master Yueng and Feng were know to take on any and all challenges. Now-a-days it's for health, self defense (not fighting), and improving our lives.