

Taiji Tree

9 is the Nine Palaces of advancement and attainment.

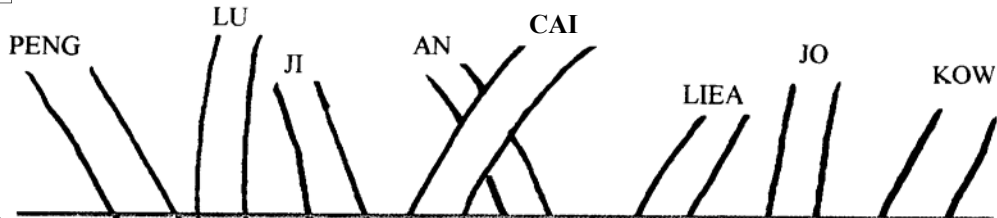
7 represents the Seven Stars, the edges and striking points of the body. All possible weapons.

The 5 Elements are expressed as the Si Xiang + your center (Tantien) = 5. Your center is the hub of all directions. It can also represent the 5 curves. These can also be expressed as the 5 curves which enable power to flow naturally through our body.

Ni / Shun
He / Kai
Xu / Fa
Gang / Rou
Nei / Wai
Jin / Tui

8
BAGUA

Eight energies



6 represents the Six Harmonies.

Advance
Retreat
Left
Right

Four manifestations

The 3 Powers are: Heaven-Humanity-Earth. One direct line up and down: suspend the head top. Also upper, middle, lower Tantien. Upright, centered as the Liang Yi are expressed. The first expression of Duila. This can also be the three bows that keep our body strong.

Two Powers
Yin - Yang

4
SI XIANG

2
LIANG YI

Beginning, Opening
PENG
Fullness

Fullness, Complete
Alertness

1
TAIJI

Zhan Zhuang
standing meditation
Relaxation

Void
Emptiness
Calmness

0
WUJI

As with all things there are many layers. To simplify we can use the three levels: earth, mankind, heaven, also known as body, energy, spirit. The above tree is the earth/physical practice representations of the various symbolisms. The energetic or spiritual levels are not included.