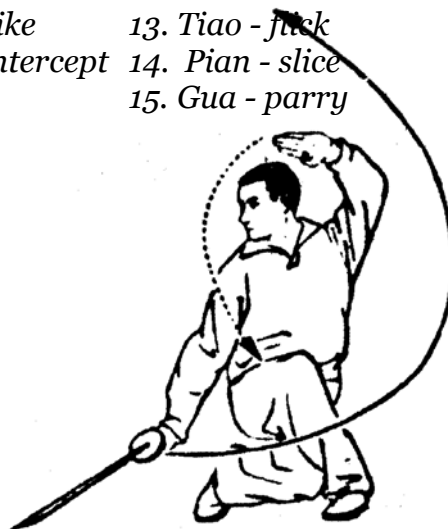


Bagua Cyclone Saber & Cane

13 Energies of the Dao

- | | | |
|---------------------------|----------------------------------|-------------------------|
| 1. <i>Pi</i> - splitting | 6. <i>Dao</i> - vibrate/shake | 11. <i>Mo</i> - smear |
| 2. <i>Kan</i> - chopping | 7. <i>Jien</i> - cut/scissors | 12. <i>Cha</i> - stab |
| 3. <i>Beng</i> - snapping | 8. <i>Yun</i> - Cloud like | 13. <i>Tiao</i> - flick |
| 4. <i>Lan</i> - deflect | 9. <i>Jiea</i> - block intercept | 14. <i>Pian</i> - slice |
| 5. <i>Chan</i> - spiral | 10. <i>Liao</i> - stir up | 15. <i>Gua</i> - parry |

1. Single Palm Left & Right
2. Jumping Kick
3. Spiral Saber Left
4. Spin, Spiral Saber Right
5. Tiger Flicks Tail
6. Fan Arms
7. Embrace the Moon & Spin
8. Thrust
9. Deflect, Slash to Rear & Chop
10. Dog Chases Tail
11. Dragon Lashes Tail
12. Splitting Saber to Shooting Star
13. Advancing Saber
14. Lion Rolls Ball
15. Three Rings Circle the Moon
16. Dragon Lashes Tail Advancing
17. Hide the Saber
18. Jump & Fan Arms
19. Embrace the Moon & Spin
20. Thrust
21. Deflect, Slash to Rear & Chop
22. Dog Chases Tail
23. Dragon Lashes Tail
24. Circle Flowing Palm
25. Lion Rolls Ball
26. Circle Snake Palm
27. Embrace the Moon & Spin
28. Thrust
29. Chop to Rear, Splitting Saber
30. Right Jumping Spiral Saber
31. Left Spiral Saber Inside Tornado Kick
32. Flowing Palm Change & Thrust
33. Dragon Dives Into The Sea
34. Rooster Stands on One Leg
35. Double Palm Saber
36. Tiger Comes Out Of Cave
37. Splitting Saber



This is a take off of the Fu Family Cyclone Saber. When using the Saber the movements are done quickly and fiercely. Spinning, slashing, splitting, deflecting, and stabbing. When done as a cane set the cane should be thought of as a whip.

Footwork and movements are to be done quick and lively. The thought is that you have more than one opponent so you need to move back and forth, in and out, high and low so you remain safe.